Tips to reduce your device's data usage

Assess your device's storage – Settings>general>iphone storage.*

      Consider recommended actions to save data, such as:

1. Deleting large attachments in texts
2. Removing unused apps
3. Deleting unnecessary text strings
   a. Consider setting auto-delete at 1 year for all texts (settings>general>apps>messages>message history).
4. Review photos, eliminating duplicates and consider other items in photo utilities section.
5. Review email – dump spam and trash folders, clean out inbox and sent folders.

Additional easy ways to save data:**

- To turn off apps permission to track your data and your location (settings>privacy & security>location services and tracking).

- To turn off background App refresh – Each app will still automatically refresh when it's opened (settings>general>background app refresh).

- Consider changing how often your email updates (settings>mail>fetch new data, then choose push (constant updates) or fetch (and set the frequency).

- Consider shutting off unnecessary notifications (settings>notifications and choose which apps you want and what types of notifications).

*Note that the samples are specific to iPhone but similar storage review features are available on android phones as well as laptops supported by Microsoft, Apple, etc.
**Note that the examples are for an iphone but look for similar features on android phones.